

## APPENDIX A

*Welcome to the extended version of the appendix of Challenges for the Delusional (Jane Street Press, 2012).*

### *Fortunes*

No need to worry! You will always have everything that you need.  
Delay is the antidote for anger.  
A romantic evening awaits you tonight.  
You will make a sudden rise in life.  
Be discreet. It will pay off.  
Appreciate those you admire, but forge your own path.  
Your eyes will be opened to a world full of beauty, charm and adventure.  
What you left behind is more mellow than wine.  
A thrilling time is in your immediate future.  
You have an active mind and a keen imagination.  
Over self-confidence is equal to being blind.  
You are capable of dispelling others' doubts.  
Your love of gardening will take on new meaning in your life.  
You radiate goodness.  
A modest man never talks of himself.  
Emotion hinders your true self.  
One who laughs at oneself will not be laughed at by others.  
Good work, good life, good love, good-bye oppression.  
You have a curious smile and a mysterious nature.  
Don't romanticize that which is distant.  
Versatility is one of your outstanding traits.  
Record your history so that others may benefit from it.  
You are going to be hungry soon. Order take-out now.  
You are capable, competent, creative, careful. Prove it.  
God has given you one face and you make yourself another.  
Do not confuse what is valuable with what is sought after.  
A person is never too old to learn.  
You will be on the list of the "The Excellent People" this year.  
Never trouble trouble until trouble troubles you.  
The time to settle your mind about relationships is never.  
Be magnanimous, be trustful, be hopeful and be patient.  
You will be attracted to an older, more experienced person!  
You will soon be crossing the great waters.  
Your luck has been completely changed today.  
Luck helps those who help themselves.  
Even the fool sometimes has sage insights.  
You will be recognized and honored as a community leader.  
Don't forget that your roots need watering.  
Strong and bitter words indicate a weak cause.  
At 20 years of age the will reigns; at 30 the wit; at 40 the judgment.  
Everything is not yet lost.  
Soon you will be sitting on top of the world.  
Give a kiss to the person who sits next to you.  
Serious trouble will bypass you.  
You will never be last in line, you will always excel!  
Your dearest wish will come true.  
Alas! The onion you are eating is someone else's water lily.  
Nothing in the world is accomplished without passion.  
Today is a lucky day for those who remain cheerful and optimistic.

The scars of the past will soon be soothed by a passionate new love.  
It takes courage to admit fault.  
He who waits to do a great deal of good at once, will never do anything.  
Don't forget, you are always on our minds.  
There's no harm in asking.  
The secret of getting ahead is getting started.  
Something you recently heard will be unexpectedly useful.  
Your directness underlies your charm.  
The skills you have gathered will one day come in handy.  
You can have your cake and eat it too.  
Good news of a long-awaited event will arrive soon.  
Behind an able man there are always able men.  
You have style and panache.  
Accept the next proposition you hear.  
A family reunion in the coming months will be a tremendous success!  
An ounce of gold cannot buy an ounce of time.  
Soon harmony will come into your life.  
This is your lucky week, buy lottery tickets.  
You are going to have a very comfortable old age.  
New ideas could be profitable.  
Wisdom is the principal thing.  
You will have gold pieces by the bushel.  
Life to you is a dashing and bold adventure.  
Great acts of kindness will befall you in the coming months.  
Nothing is beyond all repair.  
Your best defense strategy is to adopt a cooperative posture.  
Many a false step is made by standing still.  
Flattery will go far tonight.  
You have an unusual equipment for success, use it properly.  
You long to see the great pyramids in Egypt.  
Probe more deeply—there is something you are not being told.  
The mood is right for a friendly chat to lead to romance.  
You are one of the people who “goes places in life.”  
A well-directed imagination is the source of great deeds.  
Your winsome smile will be your sure protection.  
How can you have a beautiful ending without making beautiful mistakes?  
Active measures will restore your sense of control.  
You must reserve time for quiet and reflection.  
You are filial, kind and trustworthy.  
It is the sign of success to share with strangers.  
You should be able to make money and hold on to it.  
Anyone can memorize things, but the important thing is to understand them.  
The only rose without a thorn is friendship.  
He who laughs last did not get the joke.  
Ideas you may believe are absurd ultimately lead to success!  
Stop searching forever. Happiness is right next to you.  
Play Lottery today, Lady Luck is upon you.  
If it isn't hard, it isn't worth doing.  
Someone will invite you to a Karaoke party.  
As soon as you feel too old to do a thing, do it.  
Simplicity of character is the natural result of profound thought.  
Water can not only keep a ship afloat, but also can sink it.  
Everyone has ambitions.  
You are more likely to give than give in.  
Idleness is the holiday of fools.  
What makes an apple fall to the ground?  
You will be relieved of the heavy burdens you have been carrying.

You are talented in many ways.  
You are generous to an extreme and always think of the other fellow.  
One must know that there is a path at the end of the road.  
The greatest danger could be your stupidity.  
Your future is as boundless as the lofty heavens.  
Be satisfied with what you already own.  
In God we trust; all others must pay cash.  
You make people realize that there are other beauties in the world.  
Your mentality is alert, practical, and analytical.  
The person who has gathered the most is not always the victor.  
You will become a great philanthropist in your later years.  
Be direct, usually one can accomplish more that way.  
You need to make more time for romance.  
You should be able to undertake and complete anything.  
Others find your life exciting.  
A perfect statue never comes from a bad mold.  
Celebrate your identity by resisting categorization.  
Know your limitations but do not overestimate them.  
You can lead others back into the fold.  
Through greater effort and hard work a precious dream comes true.  
You are not a person who can be ignored.  
If at first you don't succeed—redefine success!  
Your past generous acts will be repaid many times over.  
Happier days are definitely ahead for you. Struggle has ended.  
The longer road may have superior scenery.  
You will get it all done.  
Voice your concerns. They will spark constructive action.  
Initiate a new project in the love department.  
Your careful preparations will give you the edge.  
You make others come alive.  
Sustain control in rocky times.  
Life is a tragedy for those who feel and a comedy for those who think.  
Listen carefully to complaints. They contain valuable information.  
Ask probing questions before venturing into new territory.  
You will pass the test with flying colors.  
Voice your fears. Safety may be at stake.  
You like participating in competitive sports.  
Every person is the architect of his own fortune.  
By listening, one will learn truths. By hearing, one will only learn half truths.  
What is the distance between the eyes and the soul?  
Do not cling to any single identity.  
Very often you cannot help thinking of somebody.  
The most important things to maintain are the foundations.  
You will be honored by someone you respect.  
Your conscience will not lead you astray.  
Your blessing is no more than being safe and sound for your whole lifetime.  
When you learn to be flexible, amazing opportunities reveal themselves!  
Adventure can be real happiness.  
Good news will be brought to you by mail.  
You always know the right times to be assertive, or to simply wait.  
How you look depends on where you go.  
Listen to the wisdom of the old.  
You have yearning for protection.  
The best mirror is a good friend.  
In youth and beauty wisdom is rare.  
Ask a friend to join you on your next voyage.

## *Random Quotations*

“Glory is fleeting, but obscurity is forever.”

– *Napoleon Bonaparte*

“Victory goes to the player who makes the next-to-last mistake.”

– *Chessmaster Savielly Grigorievitch Tartakover*

“Don’t be so humble—you are not that great.”

– *Golda Meir, to a visiting diplomat*

“People demand freedom of speech to make up for the freedom of thought which they avoid.”

– *Søren Aabye Kierkegaard*

“Grant me chastity and continence, but not yet.”

– *Saint Augustine*

“Only two things are infinite, the universe and human stupidity, and I’m not sure about the former.”

– *Albert Einstein*

“I find that the harder I work, the more luck I seem to have.”

– *Thomas Jefferson*

“In the End, we will remember not the words of our enemies, but the silence of our friends.”

– *Martin Luther King, Jr.*

“The only way to get rid of a temptation is to yield to it.”

– *Oscar Wilde*

“I don’t know why we are here, but I’m pretty sure that it is not in order to enjoy ourselves.”

– *Ludwig Wittgenstein*

“Whenever I climb I am followed by a dog called ‘Ego’.”

– *Friedrich Nietzsche*

“No sane man will dance.”

– *Marcus Tullius Cicero*

“God is a comedian playing to an audience too afraid to laugh.”

– *Voltaire*

“I shall not waste my days in trying to prolong them.”

– *Ian L. Fleming*

“It’s kind of fun to do the impossible.”

– *Walt Disney*

“We didn’t lose the game; we just ran out of time.”

– *Vince Lombardi*

“Life is pleasant. Death is peaceful. It’s the transition that’s troublesome.”

– *Isaac Asimov*

“I’ll sleep when I’m dead.”

– *Warren Zevon*

“While we are postponing, life speeds by.”

– *Lucius Annaeus Seneca*

“Any man who is under 30, and is not a liberal, has not heart; and any man who is over 30, and is not a conservative, has no brains.”

– *Sir Winston Churchill*

“Three o’clock is always too late or too early for anything you want to do.”

– *Jean-Paul Sartre*

“I am not young enough to know everything.”

– *Oscar Wilde*

“Happiness is good health and a bad memory.”

– *Ingrid Bergman*

“I don’t want to achieve immortality through my work; I want to achieve immortality through not dying.”

– *Woody Allen*

“Don’t let it end like this. Tell them I said something.”

– *Pancho Villa*

“There are only two tragedies in life: one is not getting what one wants, and the other is getting it.”

– *Oscar Wilde*

## APPENDIX B

### *New Jersey Facts and Trivia*

Take a look at <[www.50states.com/facts](http://www.50states.com/facts)>.

### *Truth, Lies and Honesty*

“Oh what a tangled web we weave, / When first we practise to deceive!”

– *Sir Walter Scott*

“A lie gets halfway around the world before the truth has a chance to get its pants on.”

– *Sir Winston Churchill*

“Truly, to tell lies is not honorable; / but when the truth entails tremendous ruin, / To speak dishonorably is pardonable.”

– *Sophocles*

“Truth is generally the best vindication against slander.”

– *Abraham Lincoln*

“There are few nudities so objectionable as the naked truth.”

– *Agnes Repplier*

“Believe those who are seeking the truth. Doubt those who find it.”

– *André Gide*

“All truth passes through three stages. First, it is ridiculed. Second, it is violently opposed. Third, it is accepted as being self-evident.”

– *Arthur Schopenhauer*

“All truths are easy to understand once they are discovered; the point is to discover them.”

– *Galileo Galilei*

“The truth that makes men free is for the most part the truth which men prefer not to hear.”

– *Herbert Agar*

“As scarce as truth is, the supply has always been in excess of the demand.”

– *Josh Billings*

“Say not, ‘I have found the truth,’ but rather, ‘I have found a truth.’”

– *Kahlil Gibran*

“A lie told often enough becomes the truth.”

– *Vladimir Lenin*

“Fiction is obliged to stick to possibilities. Truth isn’t.”

– *Mark Twain*

“Truth is more of a stranger than fiction.”

– *Mark Twain*

“Truth sits upon the lips of dying men.”

– *Matthew Arnold*

“The opposite of a correct statement is a false statement. But the opposite of a profound truth may well be another profound truth.”

– *Niels Bohr*

“The truth is rarely pure and never simple.”

– *Oscar Wilde*

“Truth persuades by teaching, but does not teach by persuading.”

– *Quintus Septimius Tertullianus*

“The truth is always a compound of two half-truths, and you never reach it, because there is always something more to say.”

– *Tom Stoppard*

“Love truth, and pardon error.”

– *Voltaire*

“Truth is truth / To the end of reckoning.”

– *William Shakespeare*

## APPENDIX C

### *Time*

“Tempus fugit (time flies).”  
– *Ovid*

“It was the best of times, it was the worst of times....”  
– *Charles Dickens*

“We must use time as a tool, not as a crutch.”  
– *John F. Kennedy*

“Time is a fixed income and, as with any income, the real problem facing most of us is how to live successfully within our daily allotment.”  
– *Margaret B. Johnstone*

“There is time for everything.”  
– *Thomas Edison*

“I wasted time, and now doth time waste me.”  
– *William Shakespeare*

“Time heals all wounds, unless you pick at them.”  
– *Shaun Alexander*

“Time may be a great healer, but it’s a lousy beautician.”  
– *Unknown*

“You have to allow a certain amount of time in which you are doing nothing in order to have things occur to you, to let your mind think.”  
– *Mortimer Adler*

“Comedy is tragedy plus time.”  
– *Carol Burnett*

“Telling time is easy, depending on time to tell is not.”  
– *Joseph A. Kolligian*

“The bad news is time flies. The good news is you’re the pilot.”  
– *Michael Altsuler*

“Lost time is never found again. Remember that time is money.”  
– *Benjamin Franklin*

“No woman in my time will be prime minister....”  
– *Margaret Thatcher*

“The surest way to be late is to have plenty of time.”  
– *Leo Kennedy*

“A committee is a group that keeps minutes and loses hours.”  
– *Milton Berle*

“Time is the longest distance between two places.”

– *Tennessee Williams*

“I have a promptness problem. I am a promptness-free zone.”

– *Ben Affleck*

“Time can bring you down, time can bend your knees.”

– *Eric Clapton*

“He who has no vision of eternity has no hold on time.”

– *Thomas Carlyle*

“For tribal man space was the uncontrollable mystery. For technological man it is time that occupies the same role.”

– *Marshall McLuhan*

“To some degree, you control your life by controlling your time.”

– *Conrad Hilton*

“We haven’t the time to take out time.”

– *Eugène Ionesco*

“Slow and steady wins the race.”

– *Aesop*

“No story is the same to us after a lapse of time; or rather we who read it are no longer the same interpreters.”

– *George Eliot*

“Three o’clock is always too late or too early for anything you want to do.”

– *Jean-Paul Sartre*

“Time is a great teacher, but unfortunately it kills all its pupils.”

– *Hector Berlioz*

“The only reason for time is so that everything doesn’t happen at once.”

– *Albert Einstein*

“It always takes longer than you expect, even when you take Hofstadter’s Law into account.”

– *Hofstadter’s Law*

“A man with a watch knows what time it is. A man with two watches is never sure.”

– *Segal’s Law*

## *Einstein Says...*

“The secret to creativity is knowing how to hide your sources.”

“The release of atom power has changed everything except our way of thinking... the solution to this problem lies in the heart of mankind. If only I had known, I should have become a watchmaker.”

“The intuitive mind is a sacred gift and the rational mind is a faithful servant. We have created a society that honors the servant and has forgotten the gift.”

“The monotony and solitude of a quiet life stimulates the creative mind.”

“It has become appallingly obvious that our technology has exceeded our humanity.”

“Everything that is really great and inspiring is created by the individual who can labor in freedom.”

“You teach me baseball and I’ll teach you relativity.... No, we must not. You will learn about relativity faster than I learn baseball.”

“Life is like riding a bicycle. To keep your balance you must keep moving.”

“So long as there are men there will be wars.”

“Nationalism is an infantile disease, the measles of mankind.”

“I believe in standardizing automobiles, not human beings.”

“I love to travel, but hate to arrive.”

“Politics is more difficult than physics.”

“Lasting harmony with a woman (was) an undertaking in which I twice failed rather disgracefully.”

“I don’t believe in mathematics.”

“We have to do the best we can. This is our sacred human responsibility.”

“I have no special talents. I am only passionately curious.”

“I think and think for months and years, ninety-nine times, the conclusion is false. The hundredth time I am right.”

“With fame I become more and more stupid, which of course is a very common phenomenon.”

“I want to know God’s thoughts... the rest are details.”

“Teaching should be such that what is offered is perceived as a valuable gift and not as a hard duty.”

“Gravitation is not responsible for people falling in love.”

“Once you can accept the universe as matter expanding into nothing that is something, wearing stripes with plaid comes easy.”

“The pioneers of a warless world are the [youth] who refuse military service.”

“The pursuit of truth and beauty is a sphere of activity in which we are permitted to remain children all our lives.”

“Those instrumental goods which should serve to maintain the life and health of all human beings should be produced by the least possible labor of all.”

“The search for truth is more precious than its possession.”

“Common sense is the collection of prejudices acquired by age eighteen.”

“The world is a dangerous place, not because of those who do evil, but because of those who look on and do nothing.”

“Example isn't another way to teach, it is the only way to teach.”

“Science without religion is lame, religion without science is blind.”

“Few are those who see with their own eyes and feel with their own hearts.”

“Isn't it strange that I who have written only unpopular books should be such a popular fellow?”

“He who joyfully marches in rank and file has already earned my contempt. He has been given a large brain by mistake, since for him the spinal cord would suffice.”

“Insanity: doing the same thing over and over again and expecting different results.”

“I never think of the future. It comes soon enough.”

“Quantum mechanics is very impressive. But an inner voice tells me that it is not yet the real thing. The theory yields a lot, but it hardly brings us any closer to the secret of the Old One. In any case I am convinced that He doesn't play dice.”

“Great spirits have always found violent opposition from mediocre minds.”

“Human beings, vegetables, or comic dust, we all dance to a mysterious tune intoned in the distance by an invisible player.”

“I cannot conceive of a personal God who would directly influence the actions of individuals, or would directly sit in judgment on creatures of his own creation. I cannot do this in spite of the fact that mechanistic causality has, to a certain extent, been placed in doubt by modern science. [He was speaking of Quantum Mechanics and the breaking down of determinism.] My religiosity consists in a humble admiration of the infinitely superior spirit that reveals itself in the little that we, with our weak and transitory understanding, can comprehend of reality. Morality is of the highest importance—but for us, not for God.”

“Scientists were rated as great heretics by the church, but they were truly religious men because of their faith in the orderliness of the universe.”

“Intellectuals solve problems; geniuses prevent them.”

When forced to summarize the general theory of relativity in one sentence: “Time and space and gravitation have no separate existence from matter.”

“I know not with what weapons World War III will be fought, but World War IV will be fought with sticks and stones.”

“Reality is merely an illusion, albeit a very persistent one.”

“Anyone who has never made a mistake has never tried anything new.”

“It is high time that the ideal of success should be replaced by the ideal of service.”

“If we knew what it was we were doing, it would not be called research, would it?”

“As punishment for my contempt for authority, Fate has made me an authority myself.”

“The most incomprehensible thing about the world is that it is comprehensible.”

“The most beautiful thing we can experience is the mysterious. It is the source of all true art and all science. He to whom this emotion is a stranger, who can no longer pause to wonder and stand rapt in awe, is as good as dead: his eyes are closed.”

“Science is a wonderful thing if one does not have to earn one’s living at it.”

“The most aggravating thing about the younger generation is that I no longer belong to it.”

“There are two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle.”

“Education is what remains after one has forgotten everything he learned in school.”

“For every one billion particles of antimatter there were one billion and one particles of matter. And when the mutual annihilation was complete, one billionth remained—and that’s our present universe.”

“If A equals success, then the formula is:  $A = X + Y + Z$ , X is work. Y is play. Z is keep your mouth shut.”

## APPENDIX D

### *Money*

“A billion here, a billion there, pretty soon it adds up to real money.”

– *Senator Everett Dirksen*

“A bank is a place that will lend you money if you can prove that you don’t need it.”

– *Bob Hope*

“If all the rich people in the world divided up their money among themselves there wouldn’t be enough to get around.”

– *Christina Stead*

“A successful man is one who makes more money than his wife can spend. A successful woman is one who can find such a man.”

– *Lana Turner*

“Advertising may be described as the science of arresting the human intelligence long enough to get money from it.”

– *Stephen Leacock*

“Everybody likes a kidder, but nobody lends him money.”

– *Arthur Miller*

“Lack of money is the root of all evil.”

– *George Bernard Shaw*

“If you want to know what God thinks of money, just look at the people he gave it to.”

– *Dorothy Parker*

“Spare no expense to save money on this one.”

– *Samuel Goldwyn*

“Only sick music makes money today.”

– *Friedrich Nietzsche*

“Too many of us look upon Americans as dollar chasers. This is a cruel libel, even if it is reiterated thoughtlessly by the Americans themselves.”

– *Albert Einstein*

“He that is of the opinion money will do everything may well be suspected of doing everything for money.”

– *Benjamin Franklin*

“But Jesus, when you don’t have any money, the problem is food. When you have money, it’s sex. When you have both, it’s health, you worry about getting ruptured or something. If everything is simply jake then you’re frightened of death.”

– *J. P. Donleavy*

“If brains were money, you’d need to take out a loan to buy a cup of coffee.”

– *Shelley Long*

“A bargain is anything a customer thinks a store is losing money on.”

– *Kin Hubbard*

“The more money an American accumulates, the less interesting he becomes.”

– *Gore Vidal*

“Money was never a big motivation for me, except as a way to keep score.”

– *Donald Trump*

“Always remember, money isn’t everything but also remember to make a lot of it before talking such fool nonsense.”

– *Earl Wilson*

“Money talks... but all mine ever says is good-bye.”

– *Unknown*

“Cocaine is God’s way of saying you’re making too much money.”

– *Robin Williams*

“Business? It’s quite simple: it’s other people’s money.”

– *Alexandre Dumas*

“If you can count your money, you don’t have a billion dollars.”

– *J. Paul Getty*

“I’d like to live as a poor man with lots of money.”

– *Pablo Picasso*

“*Uno sciocco e il suo denaro son presto separati.*

A fool and his money are soon parted.”

– *an Italian proverb*

“A fool and her money are soon courted.”

– *Helen Rowland*

“A bank is a place where they lend you an umbrella in fair weather and ask for it back when it begins to rain.”

– *Robert Frost*

“It isn’t necessary to be rich and famous to be happy. It’s only necessary to be rich.”

– *Alan Alda*

“When a man tells you that he got rich through hard work, ask him: ‘Whose?’”

– *Don Marquis*

“Organized crime in America takes in over forty billion dollars a year and spends very little on office supplies.”

– *Woody Allen*

“Never knew how poor I was until I started making money.”

– *Michael Douglas*

“To fulfill a dream, to be allowed to sweat over lonely labor, to be given a chance to create, is the meat and potatoes of life. The money is the gravy.”

– *Bette Davis*

“Money was invented so we could know exactly how much we owe.”

– *Cullen Hightower*

“I’ve got all the money I’ll ever need, if I die by four o’clock.”

– *Henny Youngman*

## *Television*

“Television is a new medium. It’s called a medium because nothing is well-done.”

– *Fred Allen*

“Television is now so desperately hungry for material that they’re scraping the top of the barrel.”

– *Gore Vidal*

“Television is more interesting than people. If it were not, we would have people standing in the corners of our rooms.”

– *Alan Coren*

“Seeing a murder on television... can help work off one’s antagonisms. And if you haven’t any antagonisms, the commercials will give you some.”

– *Alfred Hitchcock*

“Television has done much for psychiatry by spreading information about it, as well as contributing to the need for it.”

– *Alfred Hitchcock*

“Television has proved that people will look at anything rather than each other.”

– *Ann Landers*

“Television is the first truly democratic culture—the first culture available to everybody and entirely governed by what the people want. The most terrifying thing is what people do want.”

– *Clive Barnes*

“The one function TV news performs very well is that when there is no news we give it to you with the same emphasis as if there were.”

– *David Brinkley*

“MTV is the lava lamp of the 1980’s.”

– *Doug Ferrari*

“I can think of nothing more boring for the American people than to have to sit in their living rooms for a whole half-hour looking at my face on their television screens.”

– *Dwight D. Eisenhower*

“Dealing with network executives is like being nibbled to death by ducks.”

– *Eric Sevareid*

“TV is chewing gum for the eyes.”

– *Frank Lloyd Wright*

“Television has raised writing to a new low.”

– *Samuel Goldwyn*

“Don’t you wish there were a knob on the TV to turn up the intelligence? There’s one marked ‘Brightness,’ but it doesn’t work.”

– *Gallagher*

“Television is the triumph of machine over people.”

– *Fred Allen*

“The great thing about television is that if something important happens anywhere in the world, day or night, you can always change the channel.”

– *from “Taxi”*

“I find television very educating. Every time somebody turns on the set, I go into the other room and read a book.”

– *Groucho Marx*

“One of the few good things about modern times: if you die horribly on television, you will not have died in vain. You will have entertained us.”

– *Kurt Vonnegut*

“If there’s anything unsettling to the stomach, it’s watching actors on television talk about their personal lives.”

– *Marlon Brando*

“Imagine what it would be like if TV actually were good. It would be the end of everything we know.”

– *Marvin Minsky*

“My father hated radio and could not wait for television to be invented so he could hate that, too.”

– *Peter De Vries*

“It is difficult to produce a television documentary that is both incisive and probing when every twelve minutes one is interrupted by twelve dancing rabbits singing about toilet paper.”

– *Rod Serling*

“I think that parents only get so offended by television because they rely on it as a babysitter and the sole educator of their kids.”

– *from “South Park”*

“It is television that is primarily responsible for ending the visual supremacy that characterized all mechanical technology....”

– *Marshall McLuhan*

“Well, I object to all this sex on the television! I mean, I keep falling off!”

– *from “Monty Python’s Flying Circus”*

## APPENDIX E

### *The Odyssey*

“Travel reminds us we are always traveling.”

– *James Richardson*

“As you journey through life, take a minute every now and then to give a thought for the other fellow. He could be plotting something.”

– *Hagar the Horrible*

“A tourist is a fellow who travels thousands of miles so he can be photographed in front of his car.”

– *Émile Genest*

“A journey of a thousand miles begins with a single step.”

– *Lao Tzu*

“Anything you fully do is an alone journey.”

– *Natalie Goldberg*

“The longest journey is the journey inward.”

– *Dag Hammarskjöld*

“There are only two emotions in a plane: boredom and terror.”

– *Orson Welles*

“Nothing is so awesomely unfamiliar as the familiar that discloses itself at the end of a journey.”

– *Cynthia Ozick*

“Every path may lead you to God, even the weird ones.”

– *Real Live Preacher*

“The journey is the reward.”

– *a Chinese proverb*

“On life’s journey faith is nourishment, virtuous deeds are a shelter, wisdom is the light by day and right mindfulness is the protection by night. If a man lives a pure life, nothing can destroy him.”

– *Buddha*

“Every woman is like a time-zone. She is a nocturnal fragment of your journey. She brings you unflaggingly closer to the next night.”

– *Jean Baudrillard*

“A journey is like marriage. The certain way to be wrong is to think you control it.”

– *John Steinbeck*

“Traveling is a fool’s paradise. Our first journeys discover to us the indifference of places.”

– *Ralph Waldo Emerson*

“Every journey into the past is complicated by delusions, false memories, false namings of real events.”

– *Adrienne Rich*

“The World is a book, and those who do not travel read only a page.”

– *Saint Augustine*

“Thanks to the Interstate Highway System, it is now possible to travel across the country from coast to coast without seeing anything.”

– *Charles Kuralt*

“And that’s the wonderful thing about family travel: it provides you with experiences that will remain locked forever in the scar tissue of your mind.”

– *Dave Barry*

“Success is a journey, not a destination.”

– *Arthur Ashe*

“To travel is to discover that everyone is wrong about other countries.”

– *Aldous Huxley*

“The time to enjoy a European trip is about three weeks after unpacking.”

– *George Ade*

“The only way of catching a train I ever discovered is to miss the train before.”

– *G. K. Chesterton*

“If you reject the food, ignore the customs, fear the religion and avoid the people, you might better stay home.”

– *James Michener*

“Before you embark on a journey of revenge, dig two graves.”

– *Confucius*

## APPENDIX F

### *The Moon*

Moon lines from *A Moon for the Misbegotten*, by Eugene O'Neill

“If you got him alone tonight—there’ll be a beautiful moon to fill him with poetry and loneliness....”

“And you, Josie, please remember when I keep that moonlight date tonight I expect you to be very sweet to me.”

“...I’d give a keen of sorrow or howl at the moon like an old mangy hound in his sadness if I knew how, but I don’t....”

“...A drink or two will make me better company, and help me enjoy the moon and the night with you....”

“Let’s sit down where the moon will be in our eyes and we’ll see romance.”

“Everything is far away and doesn’t matter—except the moon and its dreams....”

“...Sure, even the moon is laughing at us.”

“...I don’t like your damned moon, Josie. It’s an ad for the past.”

“...You were mostly quiet and sad—in a kind of daze, as if the moon was in your wits as well as whiskey.”

“Are you going to moon at the sunrise forever, and me with the sides of my stomach knocking together?”

### *Moon Facts:*

- February 1865 is the only month in recorded history not to have a full moon.
- The moon is actually moving away from the earth at a rate of 1.5 inches per year.
- Only about fifty-nine percent of the moon’s surface is visible to us here on earth.
- The moon is not round, but egg shaped with the large end pointed towards earth.
- The earth rotates at about 1,000 mph. By comparison, the moon rotates at about 10 mph.
- Moonrise takes place about fifty minutes later each day than the day before.
- The new moon can’t be seen because the illuminated side faces away from the earth. This occurs when the moon lines up between the earth and the sun.
- The new moon always rises at sunrise.
- The full moon always rises at sunset.

### *Moon Myths:*

- Some people act crazy due to the pull of the full moon.
- The moon disappears during certain days of the month.
- The moon is a living creature or a god.
- The moon is made of green cheese.
- The moon and the sun chase each other across the sky.
- There are men or other creatures living on the moon.
- The moon is pulled across the sky by a person, animal, or force.
- There is a man in the moon.
- During a full moon, some people turn into werewolves.

### *Moon Words and Phrases*

“To the moon, Alice!”  
Casting beyond the moon  
Crying for the moon  
Honeymoon  
It’s all moonshine  
Loony  
Lunacy  
Lunatic  
Mock moon  
Moon about  
Moon pie  
Moon blindness  
Moonbeam  
Mooncalf  
Moonglade  
Mooning  
Moonlighting  
Moonrakers  
Moonrat  
Moonshine  
Once in a blue moon  
Over the moon  
To find an elephant in the moon  
To moon over  
To shoot for the moon

## APPENDIX G

### *My bad*

“America is a mistake, a giant mistake.”  
– *Sigmund Freud*

“A life spent making mistakes is not only more honorable, but more useful than a life spent doing nothing.”  
– *George Bernard Shaw*

“If I had to live my life again, I’d make the same mistakes, only sooner.”  
– *Tallulah Bankhead*

“In a few minutes a computer can make a mistake so great that it would have taken many men many months to equal it.”  
– *Unknown*

“A good many young writers make the mistake of enclosing a stamped, self-addressed envelope, big enough for the manuscript to come back in. This is too much of a temptation to the editor.”  
– *Ring Lardner*

“The real hero is always a hero by mistake; he dreams of being an honest coward like everybody else.”  
– *Umberto Eco*

“She had an unequalled gift... of squeezing big mistakes into small opportunities.”  
– *Henry James*

“Experience is the name everyone gives to their mistakes.”  
– *Oscar Wilde*

“A man can sleep around, no questions asked, but if a woman makes nineteen or twenty mistakes she’s a tramp.”  
– *Joan Rivers*

“Never interrupt your enemy when he is making a mistake.”  
– *Napoleon Bonaparte*

“The greatest mistake you can make in life is to be continually fearing you will make one.”  
– *Elbert Hubbard*

“Your birth is a mistake you’ll spend your whole life trying to correct.”  
– *Chuck Palahniuk*

“Laughing at our mistakes can lengthen our own life. Laughing at someone else’s can shorten it.”  
– *Cullen Hightower*

“The greatest mistake is trying to be more agreeable than you can be.”  
– *Walter Bagehot*

“You must learn from the mistakes of others. You can’t possibly live long enough to make them all yourself.”  
– *Sam Levenson*

“Mistakes are a part of being human. Appreciate your mistakes for what they are: precious life lessons that can only be learned the hard way. Unless it’s a fatal mistake, which, at least, others can learn from.”

– *Al Franken*

“Many a man who falls in love with a dimple make the mistake of marrying the whole girl.”

– *Evan Esar*

“Creativity is allowing yourself to make mistakes. Art is knowing which ones to keep.”

– *Scott Adams*

“Mistakes are the portals of discovery.”

– *James Joyce*

“If I had my life to live over... I'd dare to make more mistakes next time.”

– *Nadine Stair*

“I would like to be called an inspiration to people, not a role model—because I make mistakes like everybody else.”

– *Britney Spears*

## *Success/Failure*

“I don’t know the key to success, but the key to failure is trying to please everybody.”

– *Bill Cosby*

“If at first you don’t succeed, failure may be your style.”

– *Quentin Crisp*

“Failure is not the only punishment for laziness; there is also the success of others.”

– *Jules Renard*

“A thinker sees his own actions as experiments and questions—as attempts to find out something. Success and failure are for him answers above all.”

– *Friedrich Nietzsche*

“You always pass failure on the way to success.”

– *Mickey Rooney*

“Many of life’s failures are people who did not realize how close they were to success when they gave up.”

– *Thomas Edison*

“Success is the ability to go from one failure to another with no loss of enthusiasm.”

– *Sir Winston Churchill*

“We have forty million reasons for failure, but not a single excuse.”

– *Rudyard Kipling*

“All you need in this life is ignorance and confidence; then success is sure.”

– *Mark Twain*

“The secret of success is sincerity. Once you can fake that you’ve got it made.”

– *Jean Giraudoux*

“Why be a man when you can be a success?”

– *Bertolt Brecht*

“Nothing fails like success.”

– *Gerald Nachman*

“Nothing succeeds like the appearance of success.”

– *Christopher Lasch*

“We must believe in luck. For how else can we explain the success of those we don’t like?”

– *Jean Cocteau*

“Sometimes I worry about being a success in a mediocre world.”

– *Lily Tomlin*

“The penalty for success is to be bored by the people who used to snub you.”

– *Nancy Astor*

“Part of the secret of success in life is to eat what you like and let the food fight it out inside.”

– *Mark Twain*

“Success didn’t spoil me, I’ve always been insufferable.”

– *Fran Lebowitz*

“Nothing changes your opinion of a friend so surely as success—yours or his.”  
– *Franklin P. Jones*

“Success usually comes to those who are too busy to be looking for it.”  
– *Henry David Thoreau*

“Failure is not the only punishment for laziness; there is also the success of others.”  
– *Jules Renard*

“...One called him a nobody.  
No, I said, he was a failure.  
You can't remember  
a nobody's name, that's why  
they're called nobodies...”  
– *Philip Schultz*

# APPENDIX H

## *Random Dance Terms*

*Adagio* – Any dance to slow music; also, part of the classical *pas de deux* in ballet.

*Alegrías* – A form of flamenco dance. It suggests the movements of the bullfight. It originated in Cádiz, Spain and literally means “joys.”

*Allegro* – A dance with a fast or moderate tempo. The part of a ballet class comprised of fast turning or jumping that usually follows the *adagio*.

*Allemande* – (from the French word for “German”) A 17th and 18th century dance developed in France.

*Allongé* – A lengthening of the arms in ballet.

*Amague* – (from the Spanish word “amagar,” to threaten) A feint. For example, in tango a beat (*frappé*) before taking a step.

*Arkansas traveler* – An American barn dance.

*Arrastre* – To drag.

*Assemble* – A jump from one to both feet.

*Bailatino* – a mix of Latin dance styles that does not require a partner.

*Baion* – A type of slow Samba rhythm that became popular in North America during the 1950s.

*Balboa* – a form of swing popularized named for the Balboa Peninsula in Newport Beach, California.

*Ballet* – A dance form that first began in the Italian Renaissance courts of the 15th and 16th centuries. Classical ballet as we know it today is based on the *danse d'école*, rules and vocabulary that were codified around 1700 in France.

*Ballo* – An Italian dance of the 15th century characterized by its frequent changes in tempo and meter.

*Ballon* – Describes the ability of a dancer to appear lightweight and remain suspended in air during a jump.

*Ballroom dances* – Social partner dances that include the foxtrot, waltz, tango, rumba, swing, mambo, samba, and cha-cha.

*Bambuca* – The national dance of Colombia.

*Barre* – The stationary handrail that runs around the wall of the ballet studio at waist height and is used by dancers during the first part of a typical ballet class.

*Basse danse* – A solemn dance often in duple meter that was popular in the 15th and 16th centuries, especially at the Burgundian court.

*Battement* – A beating movement of the legs.

*Black bottom* – A couple dance that originated in New Orleans and became popular in the 1920s. Jelly Roll Morton wrote the tune “Black Bottom Stomp,” originally titled “Queen of Spades,” in 1925.

*Bolero* – A dance that originated in Spain and was originally danced to the beat of drums. Now associated with a slow rumba rhythm.

*Boogie-woogie* – A form of swing dance. The knees are held close together and the hips sway from side to side as the dancer moves forward.

*Bossa nova* – A dance to bossa nova music, which originated in Brazil as an adaptation of American “cool jazz” to a samba rhythm. In Brazil, to do something with “bossa” is to do it with charm. The 1964 hit single “Girl from Ipanema” spread the bossa nova throughout the world.

*Boston jive* – form of swing similar to lindy but with kicks.

*Brisé* – A jump off one foot that is “broken” by a clicking together of the legs in the air.

*Buck dance* – A dance that emphasizes percussive rhythms with the heel and toe. The style uses a bent leg position that distinguishes it from “shuffle” clogging.

*Bunny hop* – A “party dance” that is a variation of the conga line.

*Cabriole* – In ballet, a leap in which the lower leg beats against the upper one at an angle before the dancer lands on the lower leg.

*Cachucha* – A Spanish solo dance in 3/4 or 3/8 time with castanets that’s similar to the bolero. “Cachucha” means “small boat” or “cap.”

*Cakewalk* – An African-American dance in which couples strut and compete with high kicks and fast steps.

*Calesitas* – In tango, a move in which the follower is drawn to lean forward balanced on one foot while the leader walks in a tight circle around her. Resembles a merry-go-round.

*Cambré* – In ballet, a bend from the waist in any direction, especially to the back.

*Can-can* – A dance that originated in the 1830s as a couples dance. By the 1840s it had become a raucous, individual dance. The can-can may have been an off-shoot of the quadrille.

*Carioca* – A native of Rio de Janeiro. Also the name of a dance choreographed to the 1933 song “Carioca” in the film *Flying Down to Rio*.

*Carolina shag* – A very popular swing style believed to have originated between Myrtle Beach, South Carolina and Wilmington, North Carolina. Closely associated with “Beach Music” performed by groups like The Tams, The Embers, The Drifters, and various “Motown” recording artists.

*Cha-cha-chá* – A Cuban dance characterized by small steps and hip motion. The “slow” steps of the rumba and mambo are replaced with the triple step in the cha-cha. Some names of cha cha steps are: Cha Cha Chasse, The Fan, The Hockey Stick, Manita a Mano, The New York Bus Stop, and El Mojito.

*Character dancing* – Dancing derived from folk or national dances that uses music and movements adapted for the theater.

*Charleston* – Originated in the early 1920s during Prohibition. The combination of a particular type of jazz music and the highly polished, slippery floors of the speakeasies gave rise to an in-and-out flicking of the feet, which came to characterize the dance. It was theaterized and embellished with vaudeville moves in a Ziegfield Follies production in 1921.

*Chasse* – A triple-step pattern in which one foot “chases” and displaces the other.

*Chat, pas de* – Cat’s-step. Movement in which one foot follows the other into the air, knees bent with a landing that’s in the 5th position.

*Chipanecas* – A Mexican folk dance from the province of Chiapas.

*Choreography* – A creation or composition of steps, patterns and movements which make up a dance or a dance routine.

*Ciseaux* – A jump in which the legs open in second position in the air and close on landing, resembling scissors.

*Clogging* – A freestyle dance style originating in the Blue Ridge Mountains characterized by double-time stomping and steps resembling a tap dance with the upper body held straight and upright. The constant shuffling of the “floor” foot is one of the major characteristics that distinguishes clogging from tap dancing.

*Cocktail samba* – A combination of Ballroom samba and Brazilian samba.

*Coda* – In ballet, the third and final part of the classical *pas de deux*.

*Collegiate shag* – A fast-tempo partner dance that is part of the swing family.

*Comparsas* – Afro-Cuban dance play. Congas and comparsas are different parts of the carnivals of Santiago de Cuba.

*Conga* – An African-Cuban dance characterized by the extreme violence of accents on the strong beats in 2/4 time. The Conga beat thus used has a rhythmic anticipation of the second beat in every other measure.

*Contraction* – A basic movement in the technique of Martha Graham based on breath inhalation and exhalation.

*Contredanse* – Social dance in which couples typically dance in two facing lines. It may have derived from English country dancing.

*Corps de ballet* – (from the French for “body of the ballet”) The members of a ballet company who do not perform solo.

*Corridos* – Musical ballads with lyrics that are often topical and relate to political events. It has been suggested that the word “corrido” is derived from the word “correr,” to run, because the singer has to run for his life when caught in the process of reciting a subversive ditty. Corridos are particularly popular in Mexico.

*Cotton-Eyed Joe* – A popular American folk song that has inspired a partner dance and several line dances.

*Country/western two-step* – Also known as the “Texas two-step” or the “two-step.” Traditionally, it includes three steps: a quick step, a quick step, and then a slow step.

*Cruzar* – To cross.

*Csárdás or czardas* – (from the Hungarian word for “tavern” or “inn”) A traditional Hungarian folk dance.

*Cuban motion* – A discreet but expressive hip movement achieved by bending and straightening the knees with carefully timed weight transfer.

*Dégagé* – (from the French word for “disengaged”) A movement or position in which the working leg is lifted off the floor.

*Dominican merengue* – The dance of the Dominican Republic that is in 2/4 time with syncopation of the first beat interpreted by the dancers as a slight limp.

*Drop* – A theatrical type of movement in which the follower’s body weight is partially or completely supported by the leader while at least one part of the follower’s body remains in contact with the floor.

*Écarté* – In ballet, a position with one leg extended at an oblique angle while the body is at an oblique angle in relation to the audience.

*En travesti* – A term that refers to a female dancer dressed as a man, or a male dressed as a woman.

*Enrosque* – A twist or coil.

*Entrechat* – Interweaving or braiding. A ballet movement in which the dancer repeatedly crosses his or her legs in the air.

*Épaulement* – The position of the torso from the waist up.

*Escondido* – (from the Spanish for “hidden”) An Argentine dance in which the female partner hides from the male.

*Étoile* – French for “star.” Also, the highest rank a dancer may hold in the Paris Opera Ballet.

*Fado* – Originally a Portuguese song and dance absorbed by Latin America and especially by Brazil as a pattern for the samba. The steps of the fado are based on a hop, a skip and a kick.

*Fandango* – A lively Spanish dance traditionally accompanied by castanets or clapping. The dance usually begins slowly and increases greatly in tempo.

*Farruca* – A slang term used in Spain and Latin America to refer to someone from the Spanish provinces of Galicia or Asturias who is far from home. It refers to a type of flamenco dance in 2/4 time that consists of aggressive footwork and dramatic shifts in tempo. It is considered one of the most exciting of all the flamenco dances. Traditionally, it was performed exclusively by men.

*Fèis* – A festival that includes figure (group) and solo step dancing, crafts, instrumental, vocal and Gaelic language competitions. The plural is “feisianna” or “fèisean.”

*Fermè* – In ballet, a closed position of the feet.

*Flamenco* – A dance from the Spanish region of Andalusia with Moorish and Arabian influences, originally accompanied by songs and clapping and later by the guitar, and characterized by its heelwork (“taconeo”).

*Floorcraft* – A dancer’s interaction with the size and quality of the floor and the other couples on it. For example, it refers to avoiding bumping into other couples as well as the ability to continue dancing without pause when boxed in.

*Fondu* – A lowering of the body by bending the knee of the supporting leg.

*Fouetté en tournant* – (from the French word for “whipped”) A turning step, usually done in a series, in which the working leg whips out to the side and then in to touch the knee of the supporting leg as the dancer turns on the supporting leg, rising onto the pointe at each revolution. The ability to perform 32 of these turns consecutively is considered a bravura step by the ballerina.

*Foxtrot* – A social dance of American origin. Characterized by long, continuous movements and is similar to the waltz, although it’s danced to music in 4/4 rather than 3/4 time.

*Frug* – (pronounced “froog”) A dance from the 1960s born from a dance called “the Chicken,” which was primarily a change of pace step while doing the Twist. As the dancers grew tired, they started moving only their hips while standing still. As the dance evolved, arm movements were added and this gave way to “the

Swim,” “the Monkey,” “the Dog,” “the Watusi,” “the Mashed Potato,” and “the Jerk.” The frug is also known as “the Surf,” “Big Bea,” and “the Thunderbird.”

*Galop* – Named after the gallop of a horse and is a shortened version of “galloppade,” a lively country dance from the 1820s that was a forerunner to polka.

*Ganchos* – (from the Spanish/Portuguese word for “hook”) Refers to certain “hooking actions” in some Latin American dances. Occurs when a dancer hooks a leg sharply around the partner’s leg.

*Gato* – (from the Spanish word for “cat”) A lively, merry Argentine dance performed by one or two couples in which the male partner “courts” and dances to try to “win” his female partner. In rhythm it resembles a very fast waltz in steady quarter notes.

*Gavotte* – A dance that takes its name from the Gavot people of the Pays de Gap region of Dauphiné, France.

*Giro* – A turn.

*Glissade* – A gliding step which usually connects two steps.

*Grizzly bear* – An early 20th-century dance style in which the dancers mimicked the movements of a bear, with heavy steps, bending to the side, and ungraceful movement. It is rumored that President Woodrow Wilson called off his inaugural ball because he feared that attendees would perform the grizzly bear, the turkey trot, and the bunny hug.

*Guajira* – This dance was originally an Andalusian dance derived from Sevillanos that was played in 3/4 or 6/8 time. It was a Cuban country dance as well, performed in conga rhythm.

*Guaracha* – This lively, very fast Cuban song and dance of Spanish origin is performed in 2/4 time.

*Gumboot* – A dance that originated in the gold mines of South Africa. The miners were forbidden from talking to each other while working so they created new forms of communication and entertainment. They communicated with each other by slapping or stomping their boots or rattling their ankle chains.

*Hauptango* – A danced that developed from the fandango and is popular in the Huasteca region of Mexico. The Hauptango combines 2/4 time with 3/4 time and 6/8 time, creating complex cross rhythms.

*Hesitation waltz* – A dance form introduced in the 1910s in Boston that incorporated hesitations. A hesitation is a halt on the standing leg during the full waltz measure, with the moving foot left in the air or slowly dragged. Similar figures are called Hesitation Change, Drag Hesitation, and Cross Hesitation.

*Hooper* – A term used for a dancer of the 1920s. The term later came to refer specifically to a tap dancer.

*Hornpipe* – The hornpipe began around 1760, evolving from English stage acts. It was originally danced exclusively by males in hard shoes. The dance mimicked sailors’ movements, “looking out to sea” with the right hand to the forehead, lurching as in tough weather, and occasionally tugging their breeches.

*Hula* – A sacred dance developed by Polynesians in the Hawaiian Islands. There are various legends about its origins. One tells of Hi’iaka, who danced to appease her fiery sister, volcano goddess Pele.

*Hustle or Swing hustle* – A number of similar style disco dances that had their beginning in the mid-1970s. The movie *Saturday Night Fever* showed both line and partner forms of the hustle.

*Ibo* – Term refers to the Ibo ethnic group in West Africa. A step pattern in merengue.

*Irish hey* – Irish round dance.

*Jeté* – A leap from one leg to the other in which one leg is thrown to the side, front, or back.

*Jig* – A lively folk dance. Variations include the single (or soft), double, treble, and slip jig.

*Jitterbug* – A social dance popular during the 1930s. Can refer to various types of swing dances. The term comes from an early 20th-century slang term for alcoholics who suffered from *delirium tremens* (the “jitters”).

*Jive* – A fast swing dance with elements of the lindy hop and jitterbug. Characterized by up-tempo music danced with triple steps done primarily on the toes.

*Jota* – A folk dance that most likely originated from Aragon, Spain. Performed usually by one or more couples and consisting of hoppy steps in 3/4 time. Involves castanets and regional costumes.

*Kabuki* – A dance drama with its origins in 1603 in Kyoto, Japan. It features stylized choreography and elaborate make-up and costumes.

*Kabolo* – A hula dance step. One foot steps off to the side and the other follows.

*Kankukus* – Afro-Brazilian dances of the Mestizo Indians.

*Kavelu* – In hula, a step where one foot taps with the heel, the toes remaining in place, while the other foot steps forward and back for two or more repetitions.

*Lambada* – A dance that began in Pará, Brazil and became internationally popular in the 1980s. The music involves a Brazilian/Caribbean beat and has adopted aspects of the samba, rumba, salsa, merengue, forró, maxixe, and the carimbó.

*Lambeth walk* – A dance done in a jaunty, strutting fashion that takes its name from a street in Lambeth, London, England. The musical 1937 “Me and My Girl” was adapted into the film *The Lambeth Walk* in 1939.

*Lancers* – A variation of the quadrille invented in Paris in the 1830s. It was fashionable for a number of years in polite society.

*Ländler* – A folk dance popular in Austria, Germany, and Switzerland at the end of the 18th century. A couples dance that features hopping and stamping and sometimes yodeling. May have been the basis for our modern waltz.

*Leotard* – A skin-tight, one-piece garment covering the entire torso, with or without sleeves, worn with tights for practice or in many contemporary ballets as a stage costume. Originally designed by the French acrobat Jules Léotard (1842 – 1870) who also developed the art of the trapeze.

*Lindy hop* – A type of swing dance that evolved in Harlem in the 1920s and '30s. Entered mainstream American culture through dance troupes like the Whitey's Lindy Hoppers and films such as the 1941 *Hellzapoppin'*. By the early 1940s the dance was known as the “New Yorker” on the West Coast. “Air steps” or “aerials” such as the Hip to Hip, Side Slip, and Over the Back began to appear in 1936.

*Line* – The length and stretch of the body from head to toe.

*Line of dance* – The counterclockwise course followed by dancers progressing around a room.

*Mambo* – A dance that originated in Cuba where there were substantial settlements of Haitians. Invented by Perez Prado in the late 1940s. Involves a fusion of swing and Cuban music.

*Martinique beguine* – Popular ballroom dance of the island of St. Lucia and Martinique. Similar to the rumba. It is characterized by the rocking back and forth of the hips while the girl throws her arms around her partner's neck.

*Maxixe* – A Brazilian dance first introduced in Paris in 1912. It is in 2/4 time of rapid tempo with a slight syncopation. Requires paying strict attention to the carriage of the head and the posturing of the arms. Occasionally known as the “Brazilian tango.”

*Mazurka* – A Polish national dance in triple time with an accent on the second or third beat, characterized by proud bearing, the clicking of heels, and holubria, a special turning step. Name derived from “mazur,” which up to the 19th century referred to an inhabitant of Poland’s Mazovia region.

*Mento* – A native dance of Jamaica which resembles a rumba played in slow tempo. Corresponds to the mento style of music, which predates and influenced ska and reggae music.

*Milonga* – A Spanish dance that originated in Andalucía before traveling to other regions. In Buenos Aires, the Gauchos danced it in a closed position in the lower class cafés. Their interpretation of the dance emerged into what today is our tango.

*Modinha* – A Brazilian dance, which is the diminutive of “moda” (“mode” or “style”) and is directly derived from the Portuguese songs and dances of that name. Early Modinhas were influenced by Italian music while present-day Modinhas are similar to the Cuban Boleros.

*Morris* – An English folk dance that appeared in the 15th century, in which dancers wore bells on their legs, held sticks, swords, or handkerchiefs, and characters included a fool, a boy on a hobby horse, and men with blackened faces. The original “Moresca” may have been a sword dance.

*Ocho* – A figure “eight.” One of the oldest steps in tango.

*One-step* – A dance that consisted entirely of chasses without any change in rhythm. It was danced to the popular music of the period encompassing World War I.

*Ouvert* – In ballet, an open position of the feet.

*Par terre* – Refers to steps performed on the floor, as opposed to *en l’air*.

*Paradas* – Stops.

*Pas de deux* – A dance for two, usually a woman and a man. In the traditional form, it consists of an entrée, adagio, two solo variations (one for each dancer), and a coda.

*Patada* – A kick.

*Pavane* – A grave, processional court dance popular in Europe in the 16th century.

*Penché* – In ballet, leaning forward.

*Phrasing* – A series of dance figures forming one unit in a choreographic pattern. Also refers to the fitting of choreography to the rhythm and/or melody of a piece of music.

*Piqué* – In ballet, stepping directly onto pointe.

*Pirouette* – A complete turn of the body executed on one leg while the foot of the working leg is placed on the ankle or knee.

*Plié* – Term means “bent.” Refers to a bending of the knees in any of the five positions.

*Polka* – A Bohemian folk dance in duple time with a hop on the fourth beat. It became a popular ballroom dance in the mid-19th century.

*Port de bras* – Literally “carriage of the arms.” A movement or series of movements of passing the arm or arms from one position to another. Also used to denote exercise designed to develop the upper part of the body.

*Reel* – A lively dance for two or more couples that originated around 1750 in Scotland. Irish dance masters brought it to full development.

*Relevé* – In ballet, a rising with a spring movement to pointe or demi-pointe.

*Reverence* – A bow or curtsy. The last exercises of a ballet class in which the dancers pay respect to the teacher and pianist.

*Rond de jambe* – A circular movement of the leg. Half-circles made by the pointed foot, returning through first position to repeat.

*Rosin* – A solid form of resin. Dancers may apply powdered rosin to their shoes to prevent slippage.

*Rulo* – In tango, a step made by drawing circles on the floor with the free leg.

*Rumba* – Refers to the Afro-Cuban rumba as well as the ballroom rumba although they are distinct dances. Guaguancó is the most common Afro-Cuban rumba. The ballroom rumba derives from the son, a style of Cuban music and dance.

*Sacada* – A displacement. In tango, a dramatic move in which one dancer moves into the space the other dancer just left.

*Salida* – A basic walking pattern.

*Salsa* – A type of Latin dance that derived from the Cuban son and Afro-Cuban dance.

*Sarabande* – A dance in triple metre with a distinctive rhythm that involves second and third beats that are tied. First mentioned in 1539 in a poem written in Panama by Fernando Guzmán Mexía and also appears in works by Cervantes and Lope de Vega.

*Schottische* – A partnered country dance similar to but slower than the polka. Steps include two short runs, a hop, and then four turning hop steps: step step step hop, step step step hop, step hop step hop step hop step hop.

*Sevillanas* – A flamenco-style, vivid and lighthearted dance from Spain. Consists of four parts that symbolize the stages of a man courting a woman. The music and dance suddenly stop at the end.

*Shim sham shimmy* – A type of tap step. Originally called “Goofus” and credited to Leonard Reed and Willie Bryant. In the late 1920s and the 1930s, at the end of many performances, the musicians, singers, and dancers would gather and do the Shim Sham Shimmy as the last routine.

*Shimmy* – A dance move in which the body is still while the shoulders shake, alternating back and forth. Also, a class of belly dance moves.

*Slip jig* – An Irish stepdance performed in soft shoes. Almost exclusively danced by women. Danced in 9/8 time. Graceful and light and sometimes called “the ballet of Irish dance.”

*Son* – A Cuban dance similar to the bolero except that it is wilder in rhythmic accent and more step pattern. Served as the basis for several Latin dances.

*Spanish waltz* – A waltz danced smoothly and in open position.

*Spotting* – A technique used by dancers during turns to avoid dizziness and enhance control and orientation. As the dancer turns, the body and head rotate at different rates. Sometimes, the dancer fixes his or her gaze on a single location while turning.

*Square dance* – An American folk dance with an even number of couples forming a square, two lines, or a circle. Dancers are cued through the various figures by a square dance caller.

*Suzy Q* – A dance step in the Lindy Hop, Big Apple, Salsa Shines, and other dances. It is also known as the Grind Walk. It was popularized by Vaudeville entertainers and used in many types of routines, eventually achieving most of its fame when it was incorporated into tap routines at the Cotton Club in Harlem in the '30s.

*Swing* – A group of dances that developed with the swing style of jazz music, which include Lindy and Ragtime Jazz and Blues. Today it generally refers to the ballroom and club version that is based on two slow and two quick counts or the slow and two quick counts of rhythm dances.

*Sword dance* – A chief English dance of Medieval times. It was a ritualistic and ceremonial drama danced by men with swords and elaborate costumes. It depicted the death of the old year, winter, and scarcity and heralded in the new year, with its hope of spring and plenty. To symbolize the death of winter, someone would “die” and be brought to life again as a portrayal of the spring to come.

*Tack Annie* – A step used in the Shim Sham Shimmy.

*Tango* – An intimate dance begun by the gauchos in Buenos Aires. There are various forms of tango, including Argentina tango, Uruguayan tango, and Ballroom tango (both American and International styles).

*Tour en l'air* – A turn in the air. The dancer rises straight into the air from a demi-plié, makes a complete turn while holding the body vertically straight, and lands in the fifth position with the feet reversed.

*Truckin'* – A form of shuffling while shaking the index finger of the right hand above the head. Popular in the 1930s.

*Turkey trot* – A dance performed to fast ragtime music popular in the early 1900s. Lost favor to the foxtrot in 1914. Scott Joplin's “Maple Leaf Rag” was popular accompanying music. Achieved popularity after being denounced by the Vatican.

*Twist* – A dance that became popular in the 1960s. Inspired by Chubby Checker's 1960 “The Twist,” which was a cover of Hank Ballard's 1959 “Teardrops on Your Letter.”

*Two-step* – A dance move that consists of two steps in the same direction with the same foot and then a closing step with the other foot. Featured in several folk dances.

*Viennese waltz* – A type of ballroom dance. What is currently known as the Viennese waltz is the original form of the waltz while the dance popularly known as the waltz is actually the English or slow waltz.

*Virginia reel* – An English country dance most popular in America from 1830 – 1890. One of the more popular of the Colonial Barn Dances.

*Volte* – A Renaissance dance similar to the ländler, a forerunner of the waltz. Consists of turns and lifts.

*Zumba* – A Latin-inspired dance fitness program. In Colombia, slang for moving fast and having fun.

# APPENDIX I

## *Clown Wisdom*

### *Charlie Chaplin*

“I remain just one thing, and one thing only, and that is a clown. It places me on a far higher plane than any politician.”

“All I need to make a comedy is a park, a policeman and a pretty girl.”

“Life is a tragedy when seen in close-up, but a comedy in long-shot.”

“In the end, everything is a gag.”

### *Rodney Dangerfield*

“When I was born the doctor took one look at my face, turned me over and said, ‘Look...twins!’”

“Last time I tried to make love to my wife nothing happened, so I said to her, ‘What’s the matter, you can’t think of anybody either?’”

“I told my psychiatrist that everyone hates me. He said I was being ridiculous—everyone hasn’t met me yet.”

“My wife and I were happy for twenty years. Then we met.”

“A girl phoned me the other day and said, ‘Come on over, there’s nobody home.’ I went over. Nobody was home.”

“I went to a fight the other night, and a hockey game broke out.”

“When I was a kid my parents moved a lot, but I always found them.”

“I haven’t spoken to my wife in years. I didn’t want to interrupt her.”

“My wife is always trying to get rid of me. The other day she told me to put the garbage out. I said to her I already did. She told me to go and keep an eye on it.”

### *Groucho Marx*

“A clown is like aspirin, only he works twice as fast.”

“I don’t want to belong to any club that will accept me as a member.”

“Outside of a dog, a book is man’s best friend. Inside of a dog it’s too dark to read.”

“She got her good looks from her father. He’s a plastic surgeon.”

“Military intelligence is a contradiction in terms.”

“Women should be obscene and not heard.”

“I’ve had a perfectly wonderful evening. But this wasn’t it.”

“No one is completely unhappy at the failure of his best friend.”

*W. C. Fields*

“Last week, I went to Philadelphia, but it was closed.”

“I was a woman who drove me to drink, and I never had the courtesy to thank her for it.”

“Once, during Prohibition, I was forced to live for days on nothing but food and water.”

“Horse sense is the thing a horse has which keeps it from betting on people.”

“Children should neither be seen nor heard from—ever again.”

“I’d take a Bromo, but I can’t stand the noise.”

*Soupy Sales*

“The shortest route between two places is always under construction.”

“Don’t play with your father’s pipes. He doesn’t smoke your toys!”

“People who live in glass houses should get dressed in the basement.”

“If you can’t make two ends meet, make one vegetable.”

“Show me an English policeman punching someone, and I’ll show you a Bobby Socks.”

“Be true to your teeth and they will not be false to you.”

# APPENDIX J

## *Insect Common Names*

alderflies	lacewings
ambrosia beetle	larch sapwood beetle
antlions	leafhoppers
ants	leek moth
aphids	lone star tick
Asian tiger mosquito	mangrove scarab beetle
asparagus fly	mantids
bed bug	mayflies
bees	millipede
beet bug	moths
beetles	oak ambrosia beetle
boll weevil	papaya fruit fly
brown dog tick	passion vine mealybug
bugs	Peruvian cotton stainer
butterflies	pharaoh ant
cabbage bug	pine false webworm
caterpillar	pink hibiscus mealy bug
centipede	plant hoppers
chalcids	potato bug
cicadas	praying mantis
cockroaches	red bollworm
cocoa mealybug	red imported fire ant
crazy ant	sawflies
crickets	scale insects
damselflies	scorpion flies
deer tick	stink bug
dobsonflies	stoneflies
dragonflies	strawberry tortrix
earwigs	summer fruit tortrix moth
fish flies	Swede midge
flies	termites
ghost ant	tick
grasshoppers	tobacco split worm
greedy scale	turnip moth
house fly	wasps
ichneumons	western flower thrip
Japanese rice leaf miner	wheat stink bug
June bug	whiteflies
juniper webworm	winter moth
katydids	

# APPENDIX K

## *Furniture*

### *Types*

armoire	dresser	ottoman
bean bag	end table	recliner
bench	escritoire	secretary
bookcase	fauteuil	settee
buffet	folding table	side chair
cabinet	footstool	sideboard
camelback sofa	four-poster bed	sofa
canopy bed	gateleg table	sofa bed
chair	grand piano	sofa table
chaise lounge	headboard	stool
chest	highboy	tuffet
chest of drawers	hutch	tuxedo style chair
coffee table	kneehole desk	upright piano
couch	lamp table	vanity set
credenza	love seat	wardrobe
cupboard	lowboy	watchman's chair
curio	nesting tables	wing chair
davenport desk	nightstand	
drawing board	open arm chair	

### *Styles*

Jacobean (1600 – 1690)  
Early American (1640 – 1700)  
William and Mary (1690 – 1725)  
Queen Anne (1700 – 1755)  
Colonial (1700 – 1780)  
Georgian (1714 – 1760)  
Pennsylvania Dutch (1720 – 1830)  
Chippendale (1750 – 1790)  
Robert Adam (1760 – 1795)  
Hepplewhite (1765 – 1800)  
Federal (1780 – 1820)  
Sheraton (1780 – 1820)  
Duncan Phyfe (1795 – 1848)  
American Empire (1800 – 1840)  
Shaker (1820 – 1860)  
Victorian (1840 – 1910)  
Arts and Craft (1880 – 1910)  
Art Nouveau (1890 – 1910)  
Scandinavian Contemporary (1930 – 1950)